



What employers had to say about our Freedom From Smoking® Clinic?

- As part of our overall employee wellness initiative, we wanted to tackle smoking cessation. We reviewed several programs, some quite costly, and decided to try out the American Lung Association's Freedom From Smoking program which was reasonably priced. Barbara Lynch of the Addiction Resource Council facilitated the Clinic. We also reimbursed participants for the cost of quit smoking medications. Our immediate results were astonishing. We achieved a 100% quit rate at the conclusion of the clinic – all at a fraction of the cost of more expensive programs.

Pete Hans
Employee Benefits Administrator
Waukesha County

- From an administration standpoint, bringing the class on-site was easy, in spite of our multiple-shift schedules, and you were great to work with. We are planning to run additional classes starting in March or as soon as your schedule allows.

Anne Wondra CHRM
HR Administrator / Training / Wellness
HUSCO International

Convenient

A facilitator will come to your business and hold a clinic on site.

Gaining popularity

More and more organizations are providing the Freedom From Smoking program for their employees

For more
information or to
schedule a
program, call
Barb Lynch at
The Addiction
Resource Council
262-524-7921