# Annual Report 2019

# **Addiction Resource Council**



since 1969

# Substance Abuse Support for Everyone--In any Role or Decade of Life

# **Our Sincere Thanks**

We would like to show our appreciation to the following groups for supporting the work that we do. Your generosity allows us to fulfill our mission statement: providing the education and resources to empower the fight against addiction in Waukesha County.

- Waukesha County Community Foundation
- Greg Johnson
- Community Memorial Hospital Outreach Steering Committee
- New Berlin Lions Club
- WE Energies Foundation
- The Townsend Foundation
- Shirley Wheeler
- ProHealth Care
- Green Bay Packers Foundation
- Donors and Community Partners

# **Checking In with Executive Director, Lindsay Just**

#### Q: What is one accomplishment that ARC had in 2019 that people would be surprised to hear?

**A:** We launched our program, "Help Not Handcuffs" in July of 2019, after working on it for about three years. In collaboration with Waukesha County police departments, particularly the Delafield Police, we meet one on one with individuals who are struggling with substance use in order to address their needs and any barriers to them receiving treatment. This includes things like insurance, housing, food, general support, and locating a treatment facility. ARC works hand in hand with individuals, police officers, and treatment facilities to begin the healing process.

## Q: What is one challenge that ARC overcame in 2019?

**A:** One challenge that ARC experienced in 2019 was a change in leadership that occurred in 2018, shifting the agency in a new direction. This made 2019 our first full year to access the agency's and community's needs from a different perspective, and I saw this as an opportunity to grow the agency and also address additional needs that are critical to the community. We addressed staffing shortages, assessed our current programming, and looked at what additional programming was needed. Throughout 2019 we saw a shift in the view and opinions of ARC for the better, and it showed us that our strategic plan was working as intended. We continued to strengthen our existing collaborations as well as building new ones which opened up additional opportunities and partnerships for the agency.

## Q: What are you most looking forward to for ARC and the community?

**A:** We look forward to serving our community and working hard to address substance use issues through the development of new programming. ARC recognizes the importance of changing the stigma that comes with substance abuse, and we want to be a part of changing that stigma while providing support to those struggling with substance abuse.

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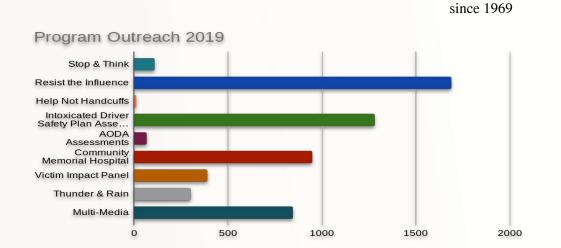
# **Addiction Resource Council**

www.arcouncil.net

#### **Board Members**

Greg Johnson Renee Kasper
George Moore Pam Groh
Richard Niles Elaine Kroening
Chester Dobrowski Nate Wright

Dr. Brett Linzer



## **Financials**

#### **Income**

Fundraising and Contributions	52,967
WCHHS SAPS Grant	96,644
Driver Safety Program Revenue	374,594
Community Program Revenue	18,656
Other Revenue	7,443
Total Revenue	550,304

#### **Expenses**

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Salary, Wages, and Benefits	396,197
Employee Travel	9,432
Rent and Utilities	59,071
Professional and Service Fees	28,513
Information Technology	25,396
Office Supplies & Equipment/Mtc	17,582
Other Operational Expenses	37,415
Total Expenses	573,606
Excess Expenses	23,302

# **Victim Impact Panel (VIP)**

ARC hosts a meeting with individuals who have been impacted by the consequences of drunk driving, to help offenders realize the dangers and consequences of their behavior. In 2019, 391 people attended VIP meetings.

#### Thunder & Rain

This mindfulness based support groups for families of individuals struggling with addiction served 300 attendees throughout 2019.

# **24-Hour Resource Line**

AODA information, referrals, and resources are just a phone call away. New to 2019, the after hours resource line is now linked to the State Addiction Helpline.

# Stop & Think (S&T)

New in 2019, the Stop & Think program is now available in a live, online setting that makes it more accessible. The program served 108 youth participants by providing education, assessments, and resources to prevent substance abuse.

# **Resist the Influence (RTI)**

This program was invited into 10 Waukesha County schools for the 2019/2020 school year, providing research-based preventative education for middle and high school students. 1,690 students participated in 2019.

# **Help Not Handcuffs**

New program that launched in July of 2019 and has already helped 10 individuals find their way to recovery. ARC works with participating local police departments to help break down barriers to substance use treatment by providing assessments, referrals and case management.

## **Assessments**

ARC is contracted by the WI DOT as the designated facility to to handle all OWI assessments for Waukesha County. In 2019 ARC completed 1,281 Intoxicated Driver Safety Plan (DSP) assessments, as well as 68 AODA assessments.

# **Community Memorial Hospital**

This free clinic collaboration helps uninsured and underinsured individuals find resources and treatment. With the help of ARC and hospital volunteers, 946 patients found help, with 611 individuals completing completing pre-admission mental health and AODA screenings.

# Multi-Media Outreach

ARC continues to maintain a strong social media presence as another avenue to connect the community, averaging 324 Facebook page likes per month in 2019. ARC's monthly e-newsletter 'The Advocate' averaged 844 subscribers per month, and 3,887 printed resources were distributed in 2019.